

Dear Beautiful Student,

Does your Health Fund refund for YOGA?

Over recent years Yoga practice has become an accepted part of the Australian Healthcare system and growing numbers of **health insurance funds are now paying benefits** for yoga classes or terms **if your teacher is a registered member of Yoga Australia.**

I am a registered member of Yoga Australia, indeed a founding member of Yoga Australia, my registration number is 9 and I am a Level 2 Teacher.

I am proud to comply with Yoga Australia's required standards of holding a current First Aid Certificate, having appropriate professional Insurance Cover, being ABN and GST registered and enjoying the investment and required hours to continually professionally develop myself. (CPD's).

Love & Light,
Alison Clarke
IntoFreedom

To understand more of what this registration entails go to <https://www.yogaaustralia.org.au/> web page of Yoga Australia | Yoga Australia is the peak body for YOGA.

Table of Health Funds that provide rebates for yoga classes of Yoga Australia registered teachers

I encourage you to make a claim on your Health Fund. All you have to do or know is listed below (*read my notes in blue*)

Fund Name	Website	Teacher to register with Fund	Requirements of Yoga Teacher and/or Student	National or State only fund
Australian Health Management	www.ahm.com.au	No	AHM will assess claims for yoga classes against a spreadsheet of registered teachers' names provided by Yoga Australia. We will exclude registered teachers who have requested that their details not be forwarded. Registered teachers must include their YA registered teacher membership number on the receipt. (<i>Tell me and I will put my number on your receipt.</i>)	National
Australian Unity Health	www.australianunity.com.au	No	Must provide an official receipt with YA registered teacher membership Number. Health Management Form from GP/Physio/Chiro to be given to fund by student. (<i>Tell me and I will put my number on your receipt.</i>)	National
BUPA Australia Pty Ltd incorporat MBF; SGIC; and Mutual Community	www.bupa.com.au	No	Must provide an official receipt with YA registered teacher membership number. Living Well Form from GP/Physio/Chiro to be given to fund by student. (<i>Tell me and I will put my number on your receipt.</i>)	National

CBHS Health Fund	www.cbhs.com.au	No	Must provide an official receipt with YA registered teacher membership number. Health Management Form from GP/Physio/Chiro to be given to fund by student. <i>(Tell me and I will put my number on your receipt.)</i>	National
Grand United Corporation Health	www.guhealth.com.au	No	Must provide an official receipt with YA registered teacher membership number. <i>(Tell me and I will put my number on your receipt.)</i>	National
HBF	www.hbf.com.au	Yes	Yoga Australia is accredited with HBF, therefore all Registered Yoga Teachers are eligible to successfully apply for an individual provider number with HBF by virtue of their Yoga Australia membership. Your application must include: current Professional Indemnity Insurance cover of at least \$1,000,000 and current First Aid/CPR Certification. Please note that HBF will not register teachers who are unable to supply supporting documentation as part of their application. Go to the HBF website to access application process and contact details: http://www.hbf.com.au/about-hbf/for-providers/registration-information and go here to access their Provider Registration Form http://www.hbf.com.au/~media/files/pdfs/HBF_Provider_Rego_Form_1 . For yoga students as at February 2014, HBF will cover 8 sessions of yoga, within a three month period, as part of a program. The individual teacher's provider number and dates of sessions the student attended, must be included on the receipt in order for the member to successfully claim their rebate. <i>(Tell me and I will put my number on your receipt and register with HBF so you can get your considerable refund with this company)</i>	National
HCF	www.hcf.com.au	No	HCF members with an eligible level of cover (and served relevant waiting periods etc) may claim for yoga classes when a medical practitioner recommends them to address a specific health condition. To make a claim, yoga students should complete a claim form for an exercise program www.hcf.com.au/pdf/Exercise_Gym_Form.pdf and submit with the yoga teacher's receipts. Official receipts are required, but yoga teachers are not required to individually register with HCF.	National

health.com.au	www.health.com.au	No	Must provide an official receipt with YA registered teacher membership number. Health Management form signed by GP to be given to fund by student. <i>(Tell me and I will put my number on your receipt.)</i>	National
Healthguard Health Benefits Fund Ltd trading as GMF Health	www.gmfhealth.com.au	Yes	Please contact Health Fund. <i>(If you are a member of this fund. Let me know and we will work out what is required together)</i>	National
NIB	www.nib.com.au	No	NIB will assess claims for yoga classes against a spreadsheet of registered teachers' names provided by Yoga Australia. <i>(My name and number is on this sheet.)</i> We will exclude registered teachers who have requested that their details not be forwarded. Registered teachers must include their YA registered teacher membership number on the receipt.	National
Teachers Union Health	www.tuh.com.au	Yes	Please contact Health Fund. <i>(If you are a member of this fund. Let me know and we will work out what is required together)</i>	National
Teachers Health Fund	www.teachershealth.com.au	Yes	Provider numbers are not given. This benefit is paid from the Healthy Lifestyle cover. Yoga teachers must issue students with a receipt that has their Yoga Australia membership number, ABN, practice details and a full description of the services provided. Student must submit a letter from GP/Physio/Chiro confirming that attending yoga classes will help prevent or ameliorate a specific medical condition. <i>(Tell me and I will put my number on your receipt.)</i>	National
Transport Health Fund	www.transporthealth.com.au	Yes	Provider numbers are not given. To register, the yoga teacher must issue an official receipt to the student and include the physical address of the studio and the YA registered teacher membership number. <i>(Tell me and I will put my number on your receipt.)</i>	National
Westfund	www.westfund.com.au	Yes	Provider numbers are not given. To register, the yoga teacher must submit registered teacher membership certificate from YA; Current First Aid & CPR certificate; Insurance certificate. <i>(Tell me and I will put my number on your receipt and all that is required.)</i>	